



War begins; Coalition aircraft attack Iraqi targets

By Jim Garamone, American Forces Press Service

WASHINGTON (AFPS, March 20, 2003) - Operations to disarm Iraq have begun, President Bush announced during a speech to America.

The president confirmed the early stages of military operations to disarm Iraq, to free its people and to defend the world.

News reports from Baghdad showed anti-aircraft artillery streaming into the sky. Western reporters spoke of hearing bombs drop in the western part of the city—which is home to many government buildings.

“On my orders, coalition forces have begun striking selected targets of military importance to undermine Saddam Hussein’s ability to wage war,” the president said from the Oval Office. Bush stressed this will be a broad and concerted campaign.

Bush said the coalition—35 nations contributing in a variety of ways—is moving to disarm Hussein and put a stop to his murderous rule. “Every nation in this coalition has chosen to bear the duty and share the honor of sharing in our common

defense,” Bush said.

Bush had direct words to the more than 250,000 U.S. service members in the area of operations. “The peace of a troubled world and the hopes of an oppressed people now depend on you,” the president said. “That trust is well placed. The enemies you confront will soon know your skill and bravery. The people you liberate will witness the honorable and decent spirit of the American military.”

He said that once again Saddam Hussein has placed innocent civilians and military targets. He assured the world that coalition forces will do all they can to minimize Iraqi casualties.

Bush observed the conflict will be dangerous, but U.S. commitment will not end with victory. He promised America will help feed the population of Iraq and rebuild the infrastructure of the oil-rich land.

Bet even then, the United States will not stay in the nation one second longer than necessary. “We have no ambition in Iraq except to remove a threat and restore control of that country to its own people,” Bush said.

“Millions of Americans are praying with you for the safety of your loved ones and for the protection of the



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innocent. For your sacrifice, you have the gratitude and respect of the American people. And you can know our forces will be coming home as soon as their work is done."

Bush pointed out that now is the time to confront the threat Saddam Hussein has become. Waiting will only make things worse, he said. "We will not live at the mercy of an outlaw regime that threatens the peace with weapons of mass murder. We will meet that threat now with our Army, Air Force, Navy, Coast Guard and Marines, so we will not have to meet it later with armies of firefighters, and police and doctors on the streets of our cities."

He stressed the U.S. military will apply decisive force to ensure a speedy campaign. "I assure you this will not be a campaign of half-measures and we will accept no outcome but victory," he said.



U.S. President George W. Bush
With U.S. Defense Secretary Donald H. Rumsfeld and Deputy Defense Secretary Paul D. Wolfowitz to his right, President George W. Bush addresses the military's senior leaders March 25 at the Pentagon. He said he is sending the Congress "a wartime supplemental appropriations request of \$74.7 billion to fund needs directly arising from the Iraqi conflict and our global war against terror."

Photo by Robert D. Ward, Defense Department

WASHINGTON, D.C.—The Department of Defense (DoD) is responding to queries from thousands of Americans who are again asking what they can do to show their support for service members, especially those serving overseas in this time of war? The following are websites for several organizations sponsoring programs for members of the Armed Forces overseas. While it would be inappropriate for DoD to endorse any specifically, service members do value and appreciate such expressions of support:

- Donate a calling card to help keep service members in touch with their families at Operation Uplink at www.operationuplink.org
- Sending a greeting via e-mail through Operation Dear Abby at <http://anyservicemember.navy.mil> or www.OperationDearAbby.net
- Sign a virtual thank you card at the Defend America www.defendamerica.mil
- Make a donation to one of the military relief societies www.aerhq.org/links.html
- Army Emergency Relief at www.aerhq.org/
- Navy/Marine Relief Society at www.nmcrs.org/
- Air Force Aid Society at www.afas.org/
- Coast Guard Mutual Assistance at www.cgmahq.org/
- Donate to "Operation USO Care Package" at www.usometrodc.org/care.html
- Support the American Red Cross Armed Forces Emergency Services at www.redcross.org/services/afes/
- Volunteer at a VA Hospital www.va.gov/vetsday to honor veterans who bore the lamp of freedom in past conflicts.
- Support families whose loved ones are being treated at military and VA hospitals through a donation to the Fisher House at www.fisherhouse.org
- Reach out to military families in your community, especially those with a loved one overseas.

DoD officials ask citizens not to flood the military mail system with letters, cards, and gifts. Due to security concerns and transportation constraints, the Defense Department can't accept items to be mailed to any service member.

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TEAD hosts a media and politicians day -

On Thursday, March 13, 2003, LTC Montgomery, TEAD Commander, hosted a visit for the media and representatives from the local and state politician's. Purpose of the visit was to give them a short briefing of the support TEAD has given to the Southwest Asia build up. All visitors were given the opportunity to see inside a conventional ammunition igloo and observe the ammunition workforce loading containers for a current shipment going to Korea.

Visitors attending were: media Fox 13 reporter, Mary Maughan, Senator Bennett's office, Mary Taylor, Senator Hatch's office, Peter Jenks, Congressman Bishop's office, Jim Gowan, Utah State House of Representatives, Mayor Byron Anderson, Grantsville, Mayor Charlie Roberts, Tooele, and Jack Howard, Tooele County Chamber of Commerce.

The visit was a success. They were very impressed with the success of TEAD. They understood how valuable TEAD is to the soldier in combat and stated to the Commander to keep up the great work.



(right) LTC Montgomery, TEAD Commander, explains to visitors how the ammunition is blocked and braced inside a shipping container.



(left) Representatives from Senator's Hatch and Bennet, Congressman Bishop, and Mayor's from Tooele and Grantsville see the inside of an igloo.

Commentary: Don't let terrorists spread fear

By John Davis, security specialist with the U.S. Army Space and Missile Defense Command

Shortly after police alerted the nation that a vehicle license plate was being sought in connection with the D.C. sniper, a citizen reported it, and an arrest was made. The alleged killer was off the street.

Recently, a waitress at a Shoney's Restaurant in Georgia notified authorities of an apparent criminal discussion she overheard. Three men seemed to be planning to bomb a building in Miami. After police investigated, the bomb plot was alleged to be a hoax. In both cases, these citizens did what any civic-minded American should do. They reported a threat to the proper authorities. Such acts are our civic duty.

Not long ago we were comparing the surprise attack on Pearl Harbor with the suicide assaults on the World Trade Center and the Pentagon.

Something a lot of people don't remember about those days, is that Americans were afraid. There were rumors across the land that Japanese had landed in San Francisco, at Los Angeles, and that saboteurs and spies were everywhere. Rumors spread fear, and fear fanned more fear. The greatest human emotion is fear, and

the greatest fear is fear of the unknown. It was for that very reason that President Roosevelt reminded everyone that, "The only thing we have to fear is...fear itself."

You can't imagine what a calming effect the president's reassurance had for everyone. We were sucker punched at Pearl, but pulled together for the fight to come. We believe the situation was dangerous, but that the right people were doing their best to take care of the nation. And it wouldn't be over till we finished it.

Today we too might believe the enemy appears to be everywhere. He seems capable of any number of horrific means of visiting destruction on us. We feel helpless to defend ourselves against an adversary we can neither see, nor identify, nor anticipate. We feel an unspecified dread. We don't feel safe anymore. That is just what the enemy wants us to feel.

My favorite quotation came the day after the Sept. 11 attack. A German investigator, asked to comment on the apprehension of several al Qaeda terrorists in Hamburg, offered this matter-of-fact observation, "Don't forget. These people are criminals. Each of these terrorists has a face, a name, and an address."

That comment, echoing President Bush's determined assurance that we will patiently but relentlessly pursue these killers anywhere they may hide, did much to reassure Americans.

But how, Americans ask, can we take part? We want to pull together, so what do we do? The answer has been here all along; we've known it intuitively, but never until now really had an immediate need in this generation to act upon it.

Working for the government, we know that loose lips sink ships. But now we know that our eyes catch spies...and the criminal killers they report to.

Each of the terrorists has a face, a name, and an address, and now they too know fear. Their leaders have abandoned them. World law enforcement is seeking them, and every day more Americans become more astute in what to watch for and report.

There are many practical hurdles to overcome, and the road won't be easy.

Whereas yesterday we weren't aware, today we know who to call if something just doesn't seem right.

Continued on Page 4...

TEAD continues to ship ammo for use by U.S. soldiers

By Kathy Anderson

The employees of Tooele Army Depot (TEAD) know they are a very important hub in the effort to keep America's fighting forces supplied with their most important tool, ammunition.

Since the war on the nation of Iraq began on March 19, 2003, TEAD maintained shipping efforts. Over 16,000 tons of conventional ammunition has been shipped to soldiers all around the world.

Since Jan 03, ammunition employees have worked long-hard hours and they are physically tired. However, morale of the employees never seems to tire. They know what needs to be done to get the soldier supplied with ammo. They complete one large shipment and get ready for the next.

On Thursday, March 20, LTC Arnold P. Montgomery, TEAD Commander, addressed the entire workforce regarding the support that TEAD is doing for the war and the heightened security efforts.

"I am extremely proud to be the commander of TEAD and to see the remarkable things we have done the past few months," LTC Montgomery stated.

LTC Montgomery stated to the employees that it was a tremendous effort to ship over 6 trains (one over one mile long), and over 700 containers of ammunition for all services. There were employees from Directorate of Ammunition Equipment, Directorate of Public Works, Directorate of Resources, MWR, Security, Contracting, and Special Staff that all supported this effort. All should be extremely proud.

LTC Montgomery told the employees that since the nation went to a higher level of security, the depot would remain at THREATCON C. However, the depot will only slightly increase security procedures. The commander does not expect that the depot will increase to THREATCON D. However, if the threat increases, management will reassess the situation and decide who the depot needs to keep here and who can be sent home. He does not expect to have the same situation as 9-11 where he emptied out the depot and sent everyone home. "I don't see that situation happening again," he stated.

"Since we have been in continuous contact with the FBI, Military Intelligence, and Homeland Security, we have not received any intelligence that there is a potential threat against Utah or

Tooele Army Depot," he stated. He reassured the employees that he will remain on top of the situation and will continue to inform them as things progress. There are ways that you as an employee can do to keep informed:

- Talk to your Supervisor daily.
- Know your emergency contact numbers.
- Call the Message Announcer Phone System at 435-833-2912.
- Stay tuned to KSL 1160 AM radio.
- Keep your eyes open.
- Report suspicious actions or anything that looks out of the ordinary.
- Be aware of the media. Refer all inquiries to the depot Public Affairs Officer, X2693. During these critical times we need to keep classified and sensitive information out of the wrong hands in order to keep our soldiers safe.

Tooele Army Depot is supporting this war effort with more than ammunition, there is approximately eight civilian employees that have been activated into their National Guard Units. We would like everyone to keep your hearts open and pray for them and their loved ones. We hope for their safe return.

Don't let terrorists spread fear cont...

We help each other. Americans are pulling together. We watch our surroundings in ways we didn't before.

We are protecting ourselves, informing ourselves, and not letting fear defeat us before we've entered the fight. No one today will turn away if a security problem seems to require a solution. We offer assistance to others and make sure someone takes action to protect us. If we see a better way, we speak up.

The only thing we have to fear is fear itself. Remember that every terrorist has a face, a name, and an address. We'll get them if we help each other. We are a quarter billion Americans whose eyes are watching in restaurants, at a gas station, in the office, and on the road.

Now the cowards who murdered our people really have something to fear.

We are out to get them.



Local Cub Scouts meet the Tooele Army Depot Commander -

On Feb. 25, LTC Arnold P. Montgomery, TEAD Commander, and LT Jubilee Satele, SSG Timothy Shields, SGT Bradley Merrill, SPC Edward Adams, SPC James Tarrant, SPC David Sherman, and SPC Robert Lee, all from A Co. 132nd Engineering Battalion, California Army National Guard, attended the annual Blue and Gold Banquet for the Tooele Cub Scout Pack 3130. Army also displayed a M113 series Armored Personnel Carrier, a High Mobility Multi-purpose Wheeled Vehicle (HMMWV), a Heavy Expanded Mobility Tactical Truck (HEMTT), and a M920 Tractor with low boy.

After dinner, LTC Montgomery presented the "Army Story" video and gave out copies of the Army Video Game for computers and an Army key chain to all scouts. Roger Ekins, pack committee chairman, presented LTC Montgomery with a Pack 3130 plaque that they had made and troop patch.

Everyone had a great time and the Cub Scouts enjoyed the vehicle display and talking to the soldiers.



(left) Cub Scouts and their family enjoy sitting in the Armored Personnel Carrier.



(left) Roger Ekins presents LTC Montgomery with Pack 3130 plaque.



(below) LTC Montgomery calls the Cub Scouts forward and teaches them to say "hooah."

Utah Firefighter Certification Recognition Award

By Charlie Grizzell

Tooele Army Depot and Emergency Services received an award for excellence in firefighter training and certification. The award was presented to LTC Arnold P. Montgomery, TEAD Commander and Chief Nester Talamante, by Utah Fire and Rescue Academy Director, Steve Lutz (pictured below). TEAD is one of the first fire departments in the state to receive this award. Director Lutz praised the Depot and the Fire Department for their dedication to firefighter training and education.

TEAD received the award for the following certification levels: Firefighter, Hazardous Materials Awareness and Operations, Apparatus Driver Operator, and Fire Officer.

The Utah Firefighter Certification System started in the late 70's and TEAD Fire Department was one of the first departments in the state of Utah to participate and one of only a few Department of Defense (DOD) fire departments nation wide to have state certified firefighters. In 1992 the DOD started its own firefighter certification program. Today that program is mandatory for all fire department personnel. All firefighters must be certified at specified levels before they are eligible for promotion to a higher rank. Each firefighter has spent hundreds of hours in classroom and hands-on training sessions. At the end of each training session the firefighters are required to take extensive written and skills test to prove competency.



Soldier cooks up a storm-

By SSG Gail E. Braymen

About five inches of snow has fallen overnight, and it's still coming down hard enough this morning to hide the mountains surrounding the Tooele Army Depot installation. Soldiers in the dining facility are still devouring their breakfast of eggs and pancakes, SPC Kevin Allen is already in the kitchen getting started on lunch.

"We're just doing something simple today," he shouts over the racket of the industrial dishwashers, "ribs and mashed potatoes!"

It may be a simple menu for a family of four, but Allen and his coworkers are cooking for approximately 400. And that's 400 Army national Guard soldiers, stomachs empty and growling after hours of guard duty, patrolling and training in the cold.

Allen, who grew up in south central Los Angeles with four brothers and four sisters, knows how to satisfy hungry people.

"When I was seven years old, I would help my grandfather after Sunday school with pancakes," Allen said. "My mother didn't like to cook much, so I started cooking for the family. I was going to study art after high school, but I joined the Navy instead."

"I wanted to do something creative, so I became a cook." After leaving the Navy in 1980, Allen went to a culinary school in Los Angeles, apprenticing at a four-star Classic French restaurant. After graduation, he worked for Marriott for about five years as a chef, then became a working chef at a three-star, California French Radisson restaurant in Huntington Beach, CA. He went back to Marriott next, working as a food service manager, and at the same time started a catering business—Babycakes Culinary Artisans—with his wife, Naomi. While still doing his own catering, Allen left Marriott to be a chef on a West Coast Amtrak luxury train.

"When you work hotels, you have really long hours, six days a week," he said. At Tooele, he works five days a week, leaving time to prepare for the Army's primary Leadership Development Course by working on soldier skills such as land navigation. In his spare time, he also helps fellow soldiers with remedial physical training.

Allen has been a cook in the California Army National Guard's Company A, 132nd Engineer Battalion (Combat) for only two years, but he's already earned national recognition for his talents. At last year's U.S. Army Culinary Arts Competition at Fort Lee, VA, he came home with an honorable mention.

"Before 9-11, there were big dreams for the California Guard in terms of cooking," he said. "Just before my unit was mobilized in August, I was putting together a culinary team to compete at Fort Lee. We had purchased all the equipment and were getting participants to come in. And then we're here."

The California and Utah troops stationed at Tooele and Deseret Chemical Depot have been providing security since last September. Although Allen arrived at Tooele the same time as everyone else in his unit, he's only been in the kitchen since January. He started out guarding the front gate and patrolling with the rest of the soldiers, while Utah Army National Guard cooks prepared their meals. "He was pulling security and it got so cold, he said, 'I wanna cook!'" joked SSG Marv Tuckett, a cook with the Utah Army National Guard's 145th Field Artillery. "He's very knowledgeable about food service," Tuckett continued. "The cooks work in three rotations, and he's beneficial to every rotation."

"Just don't get in his way," warned SGT Douglas Parks, another cook with the 145th Field Artillery. "He's quick!"



SPC Kevin Allen prepares ribs for lunch in the dining facility at TEAD. Allen, of Sacramento, CA, is a member of the California Army National Guard's A Co, 132nd Engineer Battalion (Combat). He is a professional chef and was running his own catering business when his unit mobilized in August 2002. (Photo by Staff Sgt. Gail Braymen, National Guard Bureau)

Allen is quick. He darts around the kitchen almost as fast as he tells his life story. Dodging cooks shaping dinner rolls, Allen carries box after box of frozen racks of ribs to a table where three enormous empty silver pots sit. He strips the plastic wrap from each rack and places it upright in a pot.

"These are St. Louis ribs," he explains, holding up a 16" length of meat and bone. "They're a lot better in a pit over mesquite, but here we'll boil them until tender, then season them with smoke and special secret seasoning." Secret seasoning? Allen laughs, then starts reeling off ingredients: cayenne, ginger, molasses, brown sugar and bunch of other things. After seasoning the ribs, he says, "we'll put them in the oven about 35 minutes to brown, then dip them in barbecue sauce, then bake them about 15 minutes more."

Allen's favorite dishes:

Cajun, Creole, and fusion, and he said he does what he can to liven up Army menus. "You have a standardized recipe," he said. "It's a guideline. You use herbs and spices to enhance existing menus." As a former culinary instructor, Allen enthusiastically shares his expertise with the other cooks.

Allen enjoys himself in the kitchen, but providing hot, tasty meals for hard-working soldiers is a job he doesn't take lightly. "The soldiers are out in the cold and snow, and we try to make meals nice for them," he said. "I know (duty at Tooele) from both sides, and that makes me want to do a better job. I have a big responsibility to make sure soldiers are taken care of. I take it seriously because I've been out there." For Allen, creating in the kitchen is a recipe he's following for life. "This is my profession," he said. "This is my passion, my love."

Preventing violence on the job

Management often misses the telltale signs that stressed-out employees exhibit just before they commit a violent act in the workplace. According to the U.S. Bureau of Justice Statistics, more than 2 million people become victims of violent crime at work each year. The following are some warning signs:

- Changes in an employee's behavior and/or patterns
- Newly acquired poor personal hygiene
- Romantic or sexual obsessions
- Newly acquired behavior, like not showing up on time or at all
- Obsessed with, and having possession of or access to, weapons and/or paramilitary training

To avoid violence before it occurs, bring in the corporate office's security team as soon as trouble looms. And management should develop a zero-tolerance policy that nips potential violence in the bud.

But in the end it's all about communicating openly with employees and bridging that interpersonal gap that often makes employees feel unwanted and can lead to chaos. Senior management should learn to match faces with names. An occasional compliment can go a long way. So can a simple "hello."

Going the extra mile for your health -

Take that extra step; walk that extra mile a little bit faster, not for the boss but for yourself. As it turns out, being able to walk a mile in 16 minutes as opposed to 17 minutes can improve your chances of living longer by 12 percent, according to the *New England Journal of Medicine*. Treadmill studies of 6,200 men showed that those who had a low threshold for exercise were more likely to die early than those who had high blood pressure or diabetes, were obese or smoked.

Adapted from The New England Journal of Medicine

Aspirin: It's just not for headaches anymore -

It takes away headaches. Supposedly, it reduces the chances of a heart attack. It seems to be the answer to just about everything these days. Now, researches in Australia believe that fighting gum disease can be added to aspirin's list of qualities. And try this on for size: A study in the *British Journal of Urology* discovered that the popular pain reliever might help curb an enzyme that promotes prostate cancer.

Before embracing aspirin as a cure-all or trying any new health regimen, consult your doctor to see if it is suitable for you.

*Adapted from the Men's Health Web Site,
www.menshealth.com*

Army Earth Day 2003



Earth Day is celebrated every year on April 22. The Army's theme for Earth Day 2003 is:

***“Preserving the Environment While
Protecting Our Freedom.”***

TEAD is currently planning for the annual Prayer Breakfast. Since this year is the 50th Anniversary of the Korean War, we would like to extend an invitation to any of the TEAD employee's family members that were involved in this war. If your interested, please call Geneal Frazier at X2694.

SAFETY OFFICE
Bldg 400
833-3888
Hotline: X2713

ACTING IG
Sheila Culley
833-2124
Hotline: X2200

EVENTS FOR APRIL

Weekly Events in April:

April 1-7—Medication Safety Week. To teach consumers how to effectively manage their medications. Avoid a medication-related illness by informing your doctors of all the drugs you are taking, both prescription and over-the-counter ones.

April 20-26—National Organ & Tissue Donor Awareness Week. To emphasize the importance and methods of donating organs to those in need. Every day in the U.S., more than 13 people die due to an insufficient supply of needed organs and tissues.

April 14-21—Jewish Heritage Week. Scheduled to coincide with the Jewish holiday of Passover.

April 27-May 3—National Volunteer Week. Sponsored by the Points of Life Foundation, this week commemorates the hard work of volunteers and encourages others to join them.

Daily Events:

April 1—April Fool's Day. This prankster holiday originated in France in 1564. When the start of the New Year was changed to January 1, those who continued to celebrate the “old” New Year in April were labeled as fools.

April 6—Daylight Savings Time. Begins at 2 a.m. Set clocks forward one hour. It's also a good time to replace the battery in your home's smoke detectors.

April 15—Income Tax Pay Day. It's also National Grippers Day and Rubber Eraser Day...is this just a coincidence?

April 20—Easter Sunday. The Christian holiday celebrating the resurrection of Jesus Christ.

April 22—Earth Day. Celebrates its 32nd year of reducing, reusing, and recycling to protect the environment.

April 23—Secretaries Day. Don't forget to recognize the secretary that works for you.

